

WHAT TO DO DURING YOUR DOCTOR'S APPOINTMENT



ACES World
Association for Community Empowerment Solutions

1. Don't feel rushed. Communicate all your symptoms and concerns.

2. Always ask questions (medications, tests, diagnosis, procedures, etc.) and write down the answers.

3. Consider bringing someone with you to the visit for support and help.

4. Ask for education materials like pamphlets, fliers, links and webpages to learn more.

5. Schedule a follow-up if needed and ask how to contact your doctor if there are any issues.

6. Consider reporting concerns and issues to the clinic and provider, if needed.

Share your healthcare story at:
<https://www.acesworld.org/health-equity-tool>



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www.acesworld.org



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